

STATE OF ALASKA



Executive Proclamation by Governor Mike Dunleavy

WHEREAS, keeping Alaskan families and communities healthy is of utmost importance and directly impacts the success of our Great State, and it is vital for the safety and well-being of Alaskans to have access to a variety of treatment options; and

WHEREAS, Alaskans are facing an epidemic of chronic pain due in part to sedentary lifestyles associated with modern technology and transportation advances; and

WHEREAS, regular physical activity helps regulate weight, maintain healthy bones, muscles and joints, reduce arthritis pain and is essential for the health of people of all ages, providing benefits such as reduced risk of heart disease, high blood pressure, diabetes and several types of cancer; and

WHEREAS, in the United States, 51.6 million adults live with chronic pain and of those, an estimated 17.1 million are so severely affected that it makes daily life, work and socialization very difficult; and

WHEREAS, chiropractors have an invaluable role in the health care system in Alaska, and the men and women who work in this field are dedicated, professional, and highly educated; and

WHEREAS, chiropractic care focuses on the people holistically to manage pain and promote health. The practitioners in this field are trained to recommend therapeutic and rehabilitative exercises and to provide nutritional, dietary, and lifestyle advice to help people enhance their physical fitness and overall wellness; and

WHEREAS, chiropractors are important partners in helping Alaskans stay active by treating pain and improving function with nondrug approaches that are safe and effective.

NOW THEREFORE, I, Mike Dunleavy, GOVERNOR OF THE STATE OF ALASKA, do hereby proclaim October 2026 as:

Chiropractic Health Month

in Alaska and encourage all Alaskans to recognize and appreciate the important contribution Chiropractors make in improving the quality of life for all Alaskans, and to recommit themselves to daily physical activity and habits that will produce healthy futures.

Dated: October 1, 2026



A blue ink signature of Mike Dunleavy, written in a cursive style.

Mike Dunleavy, Governor
who has also authorized the
seal of the State of Alaska to
be affixed to this proclamation.